We're proud to be an

Ochsner Eat The Fit

STORE

Takes the guesswork out of healthy eating & shopping.

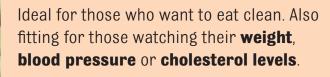


ELAKEVIEW GROCERY

On Harrison Avenue



What is Ochsner Eat Fit?



Approved dishes have less than **one teaspoon** of added sugar and contain **ZERO**white carbs.

Eat Fit items are **low in animal saturated fats** and focus on lean proteins, plant-based fats, vegetables, fruits and whole grains.

Eat Fit is **NOT** low-fat or "lite" — rather, we focus on **heart-smart plant-based fats**.

For more information, visit www.robertfreshmarket.com.